

ADMC HEALTH SCREENING PACKAGES 2025

**30%
DISCOUNT**

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- Ambank
- Bank Islam
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- CIMB
- Hong Leong Bank
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- UOB
- Standard Chartered

OPTIMAL WELLNESS A

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietitian

Imaging & Diagnostic Tests

- Chest X-ray
- Resting ECG
- Pulmonary Function Test

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Liver Profile
- Lipid Profile
- Renal Function
- Thyroid Screening - FT4

- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis A, B & C Screening
- Helicobacter Pylori
- VDRL (Venereal Disease Reacher's Lab test)
- Urine Profile

Others

- Refreshment
- Medical Report

Consultation by Health Screening Doctor

Normal Price : RM928.00

Package Price : ~~RM490.00~~

30% Off Promo Price: RM343.00

Consultation by Consultant Specialist

~~Normal Price : RM1125.00~~

Package Price : RM590.00

30% Off Promo Price: RM413.00

OPTIMAL WELLNESS B

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietitian

Imaging & Diagnostic Tests

- Chest X-ray
- Ultrasound Abdomen & Pelvis
- Resting ECG
- Pulmonary Function Test

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Lipid Profile
- Liver Profile
- Renal Function
- Thyroid Screening - FT4 & TSH

- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis A, B & C Screening
- Helicobacter Pylori
- VDRL (Venereal Disease Reacher's Lab test)
- Urine Profile

Others

- Refreshment
- Medical Report

Consultation by Health Screening Doctor

Normal Price : RM1,389.00

Package Price : ~~RM1,586.00~~

30% Off Promo Price: RM553.00

Consultation by Consultant Specialist

~~Normal Price : RM890.00~~

Package Price : RM790.00

30% Off Promo Price: RM623.00

OPTIMAL WELLNESS C

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietitian

Imaging & Diagnostic Tests

- Chest X-ray
- Ultrasound Abdomen & Pelvis
- Resting ECG
- Ankle Branchial Index (Blood Pressure of Peripheral Arteries)
- Pulmonary Function Test

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Lipid Profile
- Liver Profile
- Renal Function
- Thyroid Screening - FT4 & TSH

- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis A, B & C Screening
- Helicobacter Pylori
- VDRL (Venereal Disease Reacher's Lab test)
- Urine Profile

Others

- Refreshment
- Medical Report

Consultation by Health Screening Doctor

Normal Price : RM1,602.00

Package Price : ~~RM990.00~~

30% Off Promo Price: RM693.00

Consultation by Consultant Specialist

~~Normal Price : RM1,799.00~~

Package Price : RM1,090.00

30% Off Promo Price: RM763.00

OPTIMAL WELLNESS D

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietitian

Imaging & Diagnostic Tests

- Chest X-ray
- Ultrasound Abdomen & Pelvis
- Resting ECG
- Pulmonary Function Test
- Exercise Stress test/Treadmill

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Lipid Profile
- Liver Profile
- Renal Function
- Thyroid Screening - FT4 & TSH

- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis A, B & C Screening
- Helicobacter Pylori
- VDRL (Venereal Disease Reacher's Lab test)
- Urine Profile

Others

- Refreshment
- Medical Report

Consultation by Health Screening Doctor

Normal Price : RM1,883.00

Package Price : ~~RM1,090.00~~

30% Off Promo Price: RM763.00

Consultation by Consultant Specialist

~~Normal Price : RM2,080.00~~

Package Price : RM1,190.00

30% Off Promo Price: RM833.00

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- Standard Chartered

OPTIMAL HEART SCREENING

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation by Specialist

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietitian

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Lipid Profile
- Liver Profile
- Renal Function
- Thyroid Screening - FT4 & TSH
- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis B Screening Profile
- Urine Profile

Imaging & Diagnostic Tests

- Chest X-ray
- Resting ECG
- Ultrasound Abdomen & Pelvis
- Exercise Stress Test / Treadmill
- Echocardiogram

Others

- Refreshment
- Medical Report

With Stress Test/Treadmill

Normal Price : RM2,699.00

Package Price : ~~RM1,690.00~~

30% Off Promo Price: **RM1,183.00**

Without Stress Test/Treadmill

Normal Price : RM2,205.00

Package Price : ~~RM1,390.00~~

30% Off Promo Price: **RM973.00**

OPTIMAL STROKE SCREENING A

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation by Specialist

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietitian

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Lipid Profile
- Liver Profile
- Renal Function
- Thyroid Screening - FT4 & TSH
- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis B Screening Profile
- Urine Profile

Others

- Refreshment
- Medical Report

Imaging & Diagnostic Tests

- Carotid US Doppler
- Transcranial Doppler
- Resting ECG
- Exercise Stress Test / Treadmill
- Echocardiogram

Package Price : ~~RM1,690.00~~
Normal Price : ~~RM3,366.00~~

30% Off
Promo Price:
RM1,323.00

OPTIMAL STROKE SCREENING B

Preliminary Screening

- Height, Weight & Body Mass Index (BMI)
- Vital Signs (Blood Pressure, Heart Rate)
- Visual Acuity (Snellen Chart)

Medical Consultation by Specialist

- Comprehensive Medical History
- Physical Examination
- Post Examination Review and Interpretation of Test Reports
- Nutritional Screening & Body fat Assessment by Dietician

Blood & Urine Test

- Full Blood Count
- Blood Grouping & Rhesus
- Lipid Profile
- Liver Profile
- Renal Function
- Thyroid Screening - FT4 & TSH
- Fasting Blood Sugar
- Hemoglobin A1C (HbA1c)
- Hepatitis B Screening Profile
- Urine Profile

Others

- Refreshment
- Medical Report

Imaging & Diagnostic Tests

- MRI and MR Angiogram Brain
- Resting ECG
- Exercise Stress Test / Treadmill
- Echocardiogram

Package Price : ~~RM3,690.00~~
Normal Price : ~~RM5,463.00~~

30% Off
Promo Price:
RM2,583.00