

## Premium Screening Packages

No.	Type of Tests and Package Information	Male	Female
<b>1</b>	<b>Preliminary Screening</b>		
a	Height & Weight	✓	✓
b	Body Mass Index ( BMI )	✓	✓
c	Vital Signs ( Blood Pressure, Heart Rate)	✓	✓
d	Colour Vision	✓	✓
e	Visual Acuity ( Snellen Chart)	✓	✓
<b>2</b>	<b>Consultation</b>		
a	Consultation by Consultant Specialist (Cardiologist or Physician)	✓	✓
b	History Taking and Physical Examination	✓	✓
c	Post Examination Review and Interpretation of Test Reports	✓	✓
d	Nutritional Assessment & Body Fat Assessment by Dietician	✓	✓
<b>3</b>	<b>Imaging &amp; Diagnostic Tests</b>		
<b>a</b>	<b>Imaging Test</b>		
i	Chest X-ray	✓	✓
ii	Ultrasound Abdomen & Pelvis	✓	✓
iii	Ultrasound Breasts		✓
iv	Mammogram		✓
v	BMD 2 Parts		✓
<b>b</b>	<b>Cardiology Assessment</b>		
i	ECG	✓	✓
ii	ECG Stress Test/Treadmill	✓	✓
iii	Echocardiogram (Echo)	✓	✓
iv	Ankle Branchial Index	✓	✓
<b>c</b>	<b>Respiratory Assessment</b>		
i	Pulmonary Function Test	✓	✓
<b>d</b>	<b>Audiometry Test</b>		
i	Pure Tone Test	✓	✓
	Impedance Audiometry Test	✓	✓
<b>e</b>	<b>Eye Screening</b>	✓	✓
	Comprehensive medical and ocular history	✓	✓
	Visual acuity check	✓	✓
	Auto refractometer measurement	✓	✓

**Ara Damansara Medical Centre**  
Ara Damansara Medical Centre Sdn Bhd  
[Registration No: 20091033295 (876408-T)]

Lot 2, Jalan Lapangan Terbang Subang  
Seksyen U2, 40150 Shah Alam  
Selangor Darul Ehsan, Malaysia

Telephone: +603 5639 1888

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No.	Type of Tests and Package Information	Male	Female
	Pupillary Abnormalities	✓	✓
	Eyeball alignment	✓	✓
	Colour blindness and colour deficiency	✓	✓
	Slit lamp examination	✓	✓
	Dry eye test	✓	✓
	Eye pressure measurement ( If required with no additional charges)	✓	✓
	Fundus Photography	✓	✓
	Consultation & Report by Optometrist	✓	✓
<b>4</b>	<b>Laboratory Test</b>		
	<b>General Screening Profile Regular with Tumour Markers</b>		
<b>a</b>	<b>Full Blood Count</b>	✓	✓
i	Red Blood Cells	✓	✓
ii	Haemoglobin(HGB)	✓	✓
iii	Packed Cell Volume(PCV)	✓	✓
iv	Mean Cell Volume(MCV)	✓	✓
v	Mean Corpuscular Haemoglobin (MCH)	✓	✓
vi	Mean Corpuscular Haemoglobin Concentration (MCHC)	✓	✓
vii	Red Cell Distribution Width (RDW)	✓	✓
viii	Platelet Count	✓	✓
ix	Total White Blood Cell	✓	✓
x	Erythrocyte Sedimentation Rate	✓	✓
xi	Differential WBC :	✓	✓
	• Neutrophils	✓	✓
	• Lymphocytes	✓	✓
	• Monocytes	✓	✓
	• Eosinophils	✓	✓
	• Basophils	✓	✓
<b>b</b>	<b>Blood Grouping &amp; Rhesus</b>	✓	✓
<b>c</b>	<b>Lipid Profile</b>		
i	Cholesterol	✓	✓
ii	HDL Cholesterol	✓	✓
iii	LDL Cholesterol	✓	✓
iv	Triglycerides	✓	✓
<b>d</b>	<b>Renal Function</b>		
i	Calcium	✓	✓

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ii	Inorganic Phosphates	✓	✓
iii	Uric Acid	✓	✓
iv	Urea	✓	✓
v	Sodium	✓	✓
vi	Potassium	✓	✓
vii	Chloride	✓	✓
viii	Serum Creatinine	✓	✓
<b>e</b>	<b>Thyroid Screening</b>		
i	Free T4	✓	✓
ii	<b>Thyroid Stimulating Hormone (TSH)</b>	✓	✓
<b>f</b>	<b>Liver Profile</b>		
i	Proteins	✓	✓
ii	Albumin	✓	✓
iii	Globulin	✓	✓
iv	Albumin/Globulin Ratio	✓	✓
v	Total Bilirubin	✓	✓
vi	Alkaline Phosphatase	✓	✓
vii	AST (SGOT)	✓	✓
viii	ALT (SGPT)	✓	✓
ix	GGT	✓	✓
<b>g</b>	<b>Diabetes Screening</b>		
i	Fasting Blood Sugar	✓	✓
ii	<b>Hemoglobin A1C (HbA1c)</b>	✓	✓
<b>h</b>	<b>Hepatitis Screening Profile</b>		
i	Hepatitis A Antibody	✓	✓
ii	HBsAg (Hepatitis B Antigen)	✓	✓
iii	Anti Hbs (Hepatitis B Antibody)	✓	✓
iv	Hepatitis C Antibody	✓	✓
<b>i</b>	<b>VDRL (Venereal Disease Reacher's Lab test)</b>	✓	✓
<b>j</b>	<b>HIV Screening</b>	✓	✓
<b>k</b>	<b>FLUID &amp; EXCRETION</b>		
	<b>URINE FEME</b>	✓	✓
i	Reaction	✓	✓

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ii	Specific Gravity	✓	✓
iii	Protein	✓	✓
iv	Sugar	✓	✓
v	Ketones	✓	✓
vi	Blood	✓	✓
<b>I</b>	<b>MICROSCOPY RESULTS</b>	✓	✓
i	RBC	✓	✓
ii	WBC	✓	✓
iii	Epithelial Cells	✓	✓
iv	Crystals	✓	✓
v	Casts	✓	✓
<b>m</b>	<b>Helicobacter Pylori</b>	✓	✓
<b>n</b>	<b>Rheumatoid Factor (RF)</b>	✓	✓
<b>o</b>	<b>Testosterone</b>	✓	
<b>p</b>	<b>Tumor Markers</b>		
i	ALFA-FETO PROTEIN (AFP)	✓	✓
ii	CARCINOEMBRYOGENIC ANTIGEN (CEA)	✓	✓
iii	TOTAL PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	✓	✓
iv	CA 19.9	✓	✓
v	CA 15-3	✓	✓
vi	CA 125		✓
vii	<b>Epstein-Barr Virus / Virus Capsid Antigen (EBV VCA IgA)</b>	✓	✓
<b>q</b>	<b>Pap Smear (Thin Prep)</b>		✓
<b>5</b>	<b>Others</b>		
i	Refreshment	✓	✓
ii	Medical Report	✓	✓
<b>Package Price After Discount, RM</b>		<b>2,600.00</b>	<b>2,900.00</b>

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## Notes

- a. The validity of this quotation shall be from 24<sup>th</sup> July 2024 to 31<sup>st</sup> December 2025.
- b. Client shall fast from 12 midnight prior to the appointment day, only plain water allowed.
- c. Female client must not be having menstruation on the day of health screening (at least 10days away from the first day of last the cycle).
- d. Please allocate a full day for the health screening program (at least 5-6 hours).

**Please do not hesitate to contact us if you require further information or clarification.**

**We look forward to your positive reply.**

Kindly contact us for appointment:

Operating hours: Monday – Friday	8:00am – 5:00pm
Saturday	8:00am – 3:00pm
Sunday & PH	Closed

Telephone : 03 7839 9249

WhatsApp : 019 234 8835

Email : [admhc.hsc@asia1health.com](mailto:admhc.hsc@asia1health.com)

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