

Premium Plus Screening Packages

No.	Type of Tests and Package Information	Male	Female
1	Preliminary Screening		
a	Height, Weight & Body Mass Index (BMI)	✓	✓
b	Vital Signs (Blood Pressure, Heart Rate)	✓	✓
c	Colour Vision & Visual Acuity (Snellen Chart)	✓	✓
2	Consultation		
a	Consultation by Consultant Specialist (Cardiologist or Physician)	✓	✓
b	History Taking and Physical Examination	✓	✓
c	Post Examination Review and Interpretation of Test Reports	✓	✓
d	Nutritional Assessment & Body Fat Assessment by Dietician	✓	✓
3	Imaging & Diagnostic Tests		
a	Imaging Test		
i	Chest X-ray	✓	✓
ii	Ultrasound Abdomen & Pelvis	✓	✓
iii	Ultrasound Breasts		✓
iv	Mammogram		✓
v	BMD 2 Parts		✓
vi	MRA + MRI Brain	✓	✓
vii	Low dose CT Chest	✓	✓
b	Cardiology Assessment		
i	ECG	✓	✓
ii	ECG Stress Test/Treadmill	✓	✓
iii	Echocardiogram (Echo)	✓	✓
iv	Ankle Branchial Index	✓	✓
c	Respiratory Assessment		
i	Pulmonary Function Test	✓	✓
d	Audiometry Test		
i	Pure Tone Test & Impedance Audiometry Test	✓	✓
e	Eye Screening	✓	✓
i	Comprehensive medical and ocular history	✓	✓
ii	Visual acuity check	✓	✓
iii	Auto refractometer measurement	✓	✓
iv	Pupillary Abnormalities	✓	✓

Ara Damansara Medical Centre
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No.	Type of Tests and Package Information	Male	Female
v	Eyeball alignment	✓	✓
vi	Colour blindness and colour deficiency	✓	✓
vii	Slit lamp examination	✓	✓
viii	Dry eye test	✓	✓
ix	Eye pressure measurement (If required with no additional charges)	✓	✓
x	Fundus Photography	✓	✓
xi	Consultation & Report by Optometrist	✓	✓
4	Laboratory Test		
a	Full Blood Count	✓	✓
i	Red Blood Cells	✓	✓
ii	Haemoglobin(HGB)	✓	✓
iii	Packed Cell Volume(PCV)	✓	✓
iv	Mean Cell Volume(MCV)	✓	✓
v	Mean Corpuscular Haemoglobin (MCH)	✓	✓
vi	Mean Corpuscular Haemoglobin Concentration (MCHC)	✓	✓
vii	Red Cell Distribution Width (RDW)	✓	✓
viii	Platelet Count	✓	✓
ix	Total White Blood Cell	✓	✓
x	Erythrocyte Sedimentation Rate	✓	✓
xi	Differential WBC :	✓	✓
	• Neutrophils	✓	✓
	• Lymphocytes	✓	✓
	• Monocytes	✓	✓
	• Eosinophils	✓	✓
	• Basophils	✓	✓
b	Blood Grouping & Rhesus	✓	✓
c	Cardiac assessment		
i	Homocysteine	✓	✓
ii	hs C-Reactive Protein (hs CRP)	✓	✓
d	Lipid Profile		
i	Cholesterol	✓	✓
ii	HDL Cholesterol	✓	✓
iii	LDL Cholesterol	✓	✓
iv	Triglycerides	✓	✓

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e	Renal Function		
i	Calcium	✓	✓
ii	Inorganic Phosphates	✓	✓
iii	Uric Acid	✓	✓
iv	Urea	✓	✓
v	Sodium	✓	✓
vi	Potassium	✓	✓
vii	Chloride	✓	✓
viii	Serum Creatinine	✓	✓
f	Thyroid Screening		
i	Free T4	✓	✓
ii	Thyroid Stimulating Hormone (TSH)	✓	✓
g	Liver Profile		
i	Proteins	✓	✓
ii	Albumin	✓	✓
iii	Globulin	✓	✓
iv	Albumin/Globulin Ratio	✓	✓
v	Total Bilirubin	✓	✓
vi	Alkaline Phosphatase	✓	✓
vii	AST (SGOT)	✓	✓
viii	ALT (SGPT)	✓	✓
ix	GGT	✓	✓
h	Diabetes Screening		
i	Fasting Blood Sugar	✓	✓
ii	Hemoglobin A1C (HbA1c)	✓	✓
i	Hepatitis Screening Profile		
i	Hepatitis A Antibody	✓	✓
ii	HBsAg (Hepatitis B Antigen)	✓	✓
iii	Anti Hbs (Hepatitis B Antibody)	✓	✓
iv	Hepatitis C Antibody	✓	✓
j	VDRL (Venereal Disease Reacher's Lab test)	✓	✓
k	HIV Screening	✓	✓

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I	FLUID & EXCRETION		
	URINE FEME	✓	✓
i	Reaction	✓	✓
ii	Specific Gravity	✓	✓
iii	Protein	✓	✓
iv	Sugar	✓	✓
v	Ketones	✓	✓
vi	Blood	✓	✓
m	MICROSCOPY RESULTS	✓	✓
i	RBC	✓	✓
ii	WBC	✓	✓
iii	Epithelial Cells	✓	✓
iv	Crystals	✓	✓
v	Casts	✓	✓
n	Helicobacter Pylori	✓	✓
o	Rheumatoid Factor (RF)	✓	✓
p	Testosterone	✓	
q	Tumor Markers		
i	ALFA-FETO PROTEIN (AFP)	✓	✓
ii	CARCINOEMBRYOGENIC ANTIGEN (CEA)	✓	✓
iii	TOTAL PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	✓	✓
iv	CA 19.9	✓	✓
v	CA 15-3	✓	✓
vi	CA 125		✓
vii	Epstein-Barr Virus / Virus Capsid Antigen (EBV VCA IgA)	✓	✓
s	Pap Smear (Thin Prep)		✓
5	Others		
i	Refreshment	✓	✓
ii	Medical Report	✓	✓
Package Price After Discount, RM		4,800.00	5,500.00

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